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Hawai'i

Guardians of the Sea: Lifeguard Legends

[Film: 11 minutes](#)

Explore traces the rich history of lifeguarding, going back to the legendary Duke Kahanamoku and Eddie Aikau, in this moving tribute to Hawaii's "guardians of the sea." The team then jumps to modern day Pipeline, where highly skilled lifeguards protect surfers from the ocean's powerful swells.



Jet Ski Rescue

[Film: 5 minutes](#)

At Pipeline on the North Shore of Oahu, epic waves mean epic rescues. Charles Annenberg Weingarten hits the waves with Terry Ahue, President of the Hawaiian Water Patrol, and learns firsthand how struggling surfers are brought to safety. When the waves are at their biggest, Hawaii's Jet Ski rescue teams are at their best.

The Junior Lifeguard Movie

[Film: 20 minutes](#)



In the Junior Lifeguard program, young adults learn rescue and lifesaving skills. Join Tommy Stone -- younger brother of Volcom character Johnny Stone -- as he travels from New Jersey to Oahu's North Shore and learns important lifesaving techniques. (This animated film was made possible by the support of the Annenberg Foundation.)

CURRICULUM CONNECTIONS

Grades 6 - 8
Health, Civics

Health – Standard 1. Know the availability and effective use of health services, products, and information

- Know situations that require professional health services

Health - Standard 5. Know essential concepts and practices concerning injury prevention and safety

- Know strategies for managing a range of situations involving injury (e.g., first aid procedures, abdominal thrust maneuver, cardiopulmonary resuscitation)

Civics - Standard 17. Understand issues concerning the relationship between state and local governments and the national government and issues pertaining to representation at all three levels of government

- Know the major responsibilities of his/her state and local governments (e.g., education, welfare, streets and roads, parks, recreation, law enforcement), and understands the organization of his/her state and local governments

Resource - [McREL Content Knowledge – Standards & Benchmarks](#)

DISCUSSION QUESTIONS

Lifeguards & Ocean Safety

🗣️ *Why is it important to have lifeguards on the beach? Have you ever interacted with a lifeguard?*

🗣️ *What kinds of skills or training do you think a lifeguard needs?*

🗣️ *Why are Jr. Lifeguards programs so important? What skills are they learning? Do all Jr. Lifeguards become lifeguards? Is it still important training for them even if they don't become lifeguards?*

🗣️ *Lifeguards are typically paid by tax dollars from the county or city where they work. Do you think it is an appropriate use of tax dollars or should lifeguards be paid only by the people who use the beach? In other words, is it the government's responsibility to provide for beach safety?*

🗣️ *How can a jet ski help lifeguards? Why don't all beaches use jet skis for rescues?*

🗣️ *Why are Duke Kahanamoku and Eddie Aikau considered legends? Give an example of their bravery and selflessness. Why are these good traits to have?*

CPR

🗣️ *What is the first thing you should do if someone is in danger at the beach?*

🗣️ *The Jr. Lifeguard Movie presents CPR instruction. Can you remember the steps of CPR? Explain.*

🗣️ *When would you perform CPR on someone? Is everyone authorized to perform CPR or just lifeguards?*

🗣️ *Do you think the humor used in the Jr. Lifeguard Movie is effective in getting kids to pay attention? What did you learn from the movie?*

ACTIVITY

Be a film promoter - Create a marketing plan

You are in charge of getting people to see *The Junior Lifeguard Movie*. In your marketing plan make sure you answer the following questions: What is the message of the film? Who is its intended audience? Why is an animated movie effective for kids? Why should kids see this movie?

Choose one of the following ideas or design your own plan:

1. Create a movie poster
2. Write a dialogue with someone convincing them to show this movie
3. Send out an invitation inviting people to come see the movie

BACKGROUND INFORMATION

Excerpt from [North Shore Lifeguard Association](#) official website

The North Shore Lifeguard Association was founded in 1996 by the Honolulu City and County Lifeguards who work and live in district three (North Shore, Oahu Beaches). The club was organized to help fulfill the need for ocean safety and lifesaving education within the North Shore community. The NSLA is committed to working with individuals and organizations who share with us the following goals:

- 1) To develop and provide instructional programs for the public in lifesaving, ocean rescue, cardio pulmonary resuscitation and surf safety skills.
- 2) To develop and support community recreational activities including swimming and paddleboard races, surf contests, lifeguard competitions, as well as other ocean oriented events.
- 3) To support youth programs, such as the Junior Lifeguard Program.

Last year our members performed 236 rescues, treated 166 serious medical emergencies and issued 56,200 preventative warnings to beach goers. Over 2,925,000 people enjoyed the North Shore's sun and surf under our watchful eyes. During the winter surf season (October-April) our North Shore beaches become the focal point of professional surfing and world championship events. Our lifeguards are on duty daily at the venues (Alii, Waimea, Pipeline, and Sunset) of these professional events, affording us constant opportunities for international media exposure of all types. Television, radio, newspaper and dozens of magazines worldwide have documented our members in action.
