

## Exploring the Spiritual Side of Tibet

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The film above takes you inside the spiritual walls of Lhasa, Tibet's capital, which hosts the Potala Palace, "the traditional winter home of the Dalai Lama and a pilgrimage destination for thousands of Buddhists." The video runs 9+ minutes, and it's one of many films produced by [Explore.org](http://Explore.org), a web site supported by the Annenberg Foundation that combines philanthropy, travel, and learning. Offering global coverage, Explore.org also brings you to Africa, India, the Middle East, Costa Rica and beyond. You can find their full collection of films [here](#), and they have also been added to our collection: [Intelligent Video: The Top Cultural & Educational Video Sites](#). Enjoy.